

# INSULET PROVIDED GLOOKO

## GUIDE FOR OMNIPOD® INSULIN MANAGEMENT SYSTEM USERS

- For frequently asked questions, please visit Glooko support at: <https://support.glooko.com/hc/en-us>
- For full upload instructions, please visit: <http://myomnipod.com/glooko.php> (Select **User Guide** under Sync Data).

### STEP 1: GET AN INSULET PROVIDED GLOOKO ACCOUNT

1. In the App Store® (Apple® (iOS) devices) or Google Play Store (Android™ devices) on your mobile phone, search for and install the free Glooko app.
2. Open the **Glooko** app, and click **Sign Up** to create an account:
  - Fill out your First Name, Last Name, and Date of Birth.
  - Enter your email and select a password. Your email will also act as your Glooko username.
  - Enter your provider's ProConnect Code.
  - If you enter a ProConnect Code, your data will be automatically uploaded to your clinic's Glooko account.
  - If you do not currently have your provider's ProConnect Code, or if you would like to enter it in later, you can do so in the Glooko app within the Profile tab under Personal.
3. Click **Sign Up** again.

### STEP 2: UPLOAD OMNIPOD® SYSTEM PERSONAL DIABETES MANAGER (PDM) DATA

Data can currently be uploaded from Omnipod® System PDMs directly to Android™ mobile devices and PC or Mac computers. If you are an iOS user, once you download your Omnipod® System PDM data to your computer, you will be able to view your data on your iOS device.

#### **UPLOAD OMNIPOD® SYSTEM PDM DATA TO AN ANDROID™ MOBILE DEVICE:**

To upload blood glucose (BG) readings, insulin and carb data from your Omnipod® System PDM to your Android™ mobile device, you will need a **Micro-to-Mini USB OTG Cable**.

- Order the cable here: <http://shop.glooko.com/products/insulet-provided-glooko-subscription>
  - This cable is available at no charge to Omnipod® System users (standard S&H rates apply).
1. Log into the Glooko app.
  2. From the **Home** screen, click **Sync**.
  3. Scroll down to select **Omnipod System** from the list of devices.
  4. Follow the illustrative tutorial to connect your Omnipod® System PDM to your Android™ device using a Micro-to-Mini USB OTG Cable. Click **Continue**.
  5. After your Omnipod® System PDM is connected to your Android™ device, click **Sync** in the Glooko app.

The data stored in your Omnipod® System PDM will now download to the Glooko app.

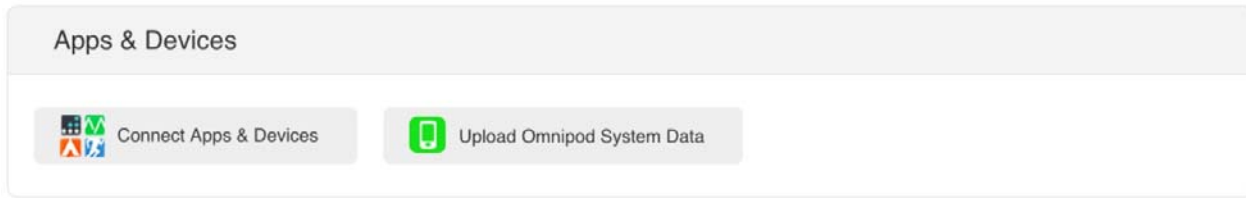
#### **UPLOAD OMNIPOD® SYSTEM PDM DATA TO A COMPUTER:**

To upload glucose readings, insulin and carb data from your Omnipod® System PDM to your PC or Mac Computer, you will need an **Omnipod® System USB Cable** (USB A to Mini-USB B Cable), which is included in your Omnipod® System Starter Kit.

- If you need a new cable, order it here: <http://shop.glooko.com/products/insulet-provided-glooko-subscription>
- This cable is available at no charge to Omnipod® System users (standard S&H rates apply).

1. On your computer, open your Internet browser and go to: **my.glooko.com**.
2. Log into your Glooko account by entering in your **Email** and **Password**. Click **Sign In**.

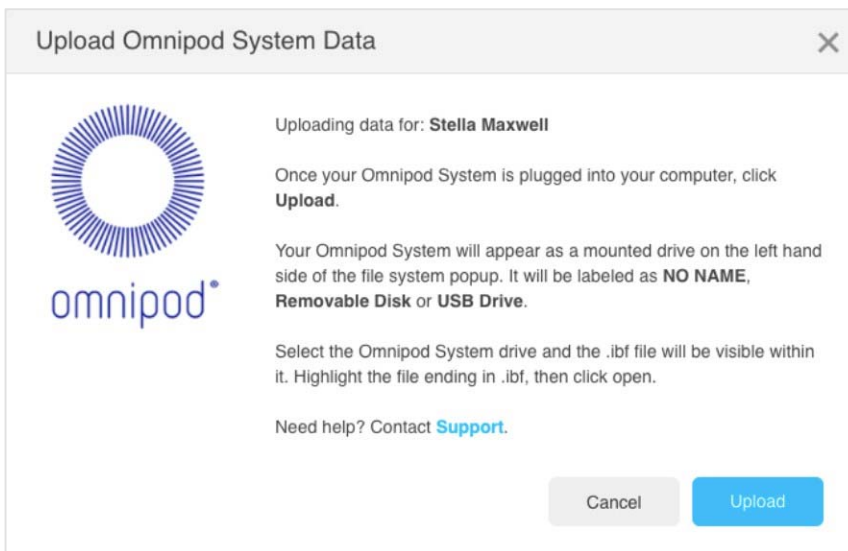
3. Use the top navigation bar to open **Settings**.
4. Scroll down to Apps & Devices. Click **Upload Omnipod System Data**.



5. Connect your Omnipod® System PDM to your computer using the Omnipod® System USB Cable:
  - Plug the USB side of the cable into your computer.
  - Plug the Mini-USB side into your Omnipod® System PDM.

**Note:** if you are using Mac computer with OS X El Capitan, we recommend that you use a [USB Hub](#) to download your OmniPod® PDM. To do this:

- Plug the USB Hub into your computer
- Plug the USB side of the OmniPod® USB Cable into the USB Hub.
- Plug the mini-USB side of the OmniPod® USB Cable into your OmniPod® PDM.



6. Wait for the Omnipod® System PDM to prepare your data file. Your Omnipod® System PDM display will say “USB device ready.”
7. On your computer, click **Upload**.
8. Your Omnipod® System PDM data file will appear as a mounted drive on the left hand side of the file system pop up. It will be labeled as NO NAME, Removable Disk or USB Drive. Select the Omnipod® System drive and the .ibf file will be visible within it. Highlight the file ending in .ibf, then click **Open**.
9. Once the download is complete, click **Done** to close the pop up, or click **View Data** to see your Daily Overview graph.

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