

SCREENING FOR TYPE 1 DIABETES

We are offering free screening to first degree relatives (aged 2 to 18 years) of our patients who are living with T1D. Knowing if one is in the early stages of T1D, you can better prepare to recognize symptoms when they do appear. This can help you understand what's ahead and lower the risk of serious complications of diabetic ketoacidosis (DKA). There are proteins that appear in the blood when T1D begins, even in early stages before there are symptoms. The current screening kit we use will also check for celiac disease antibodies. If the test finds 2 or more + autoantibodies, a lab draw is recommended to confirm results and you will be referred to a Pediatric Endocrinologist for monitoring and counseling and, if indicated, to discuss possible treatment options or clinical trials to help delay the progression of T1D.

How do I get screened?

Email us at T1Dscreening@rchsd.org to set up appointment. Appointments are available on Thursdays and Fridays. Screening is done with a fingerprick.

What happens if my screening is positive?

If the test finds 1+ autoantibody, a lab draw is recommended to confirm results. You will be referred to a pediatric endocrinologist for further monitoring and counseling.

How will I receive results?

Results will be sent via mail and/or phone call. Results can take up to 2-3 weeks.

Please fill out e-consent prior to appointment and write down kiosk number – you will need to bring this to your appointment. Our screening kits are provided by the ASK program/Barbara Davis Center.



E-consent

Kiosk
ID_____
Kiosk
ID_____